

Distance	Trail Marker	Elev	Elev Chng	ABS Elev Chng	Tot Elev Chng	Slope	Leg Dist	Water	Privy	View	Campsite	Water
0	110.5	3742	0	0	0	0	0.0	3542			Campsites	110.0 Waterfall/Piped Stream
0.5	111.0	3946	204	204	204	4.4%	0.5	0				
1.0	111.5	4026	80	80	284	1.7%	1.0	0				
1.5	112.0	4185	159	159	443	3.4%	1.5	0				
2.0	112.5	4536	351	351	794	7.6%	2.0	0				
2.5	113.0	4427	-109	109	903	-2.4%	2.5	0				
3.0	113.5	4508	81	81	984	1.8%	3.0	0				
3.5	114.0	4567	59	59	1043	1.3%	3.5	4367	Y		Siler Bald Shelter	Y
4.0	114.5	4904	337	337	1380	7.3%	4.0	0		Y	Siler Bald	
4.5	115.0	5004	100	100	1480	2.2%	4.5	4804				115.2 Piped spring
5.0	115.5	4719	-285	285	1765	-6.2%	5.0	4519			Lunch	115.5 Footbridge Stream
5.5	116.0	4454	-265	265	2030	-5.7%	5.5	0				
6.0	116.5	4211	-243	243	2273	-5.3%	6.0	0				
6.5	117.0	4345	134	134	2407	2.9%	6.5	0				
7.0	117.5	4501	156	156	2563	3.4%	7.0	4301				117.4 Piped spring to east
7.5	118.0	4705	204	204	2767	4.4%	7.5	4505			Campsites	118.0 On west side of AT
8.0	118.5	5049	344	344	3111	7.4%	0.5	0				
8.5	119.0	5297	248	248	3359	5.4%	1.0	0				
9.0	119.5	5222	-75	75	3434	-1.6%	1.5	0				
9.5	120.0	5059	-163	163	3597	-3.5%	2.0	0		Y	Wayah Bald/Stone Tower	
10.0	120.5	5221	162	162	3759	3.5%	2.5	5021			Campsites	120.5 spring to west of AT
10.5	121.0	5310	89	89	3848	1.9%	3.0	5110	Y		Wayah Bald Shelter (Lunch)	120.8 west 0.2 to water
11.0	121.5	4790	-520	520	4368	-11.1%	3.5	0				
11.5	122.0	4520	-270	270	4638	-5.8%	4.0	0				
12.0	122.5	4477	-43	43	4681	-0.9%	4.5	4277			Licklog Gap - Camping	122.1 water 0.5 west
12.5	123.0	4449	-28	28	4709	-0.6%	5.0	0				
13.0	123.5	4648	199	199	4908	4.3%	5.5	0				
13.5	124.0	4688	40	40	4948	0.9%	6.0	4488				124.1 Stream
14.0	124.5	4534	-154	154	5102	-3.3%	6.5	4334				124.8 Spring
14.5	125.0	4397	-137	137	5239	-3.0%	7.0	0				
15.0	125.5	4245	-152	152	5391	-3.3%	7.5	4045	Y		Cold Spring Shelter	125.6 water 0.1N on AT
15.5	126.0	4611	366	366	5757	7.9%	0.5	0		Y	Copper Rigde Bald	
16.0	126.5	4967	356	356	6113	7.7%	1.0	0				
16.5	127.0	5091	124	124	6237	2.7%	1.5	0				
17.0	127.5	4994	-97	97	6334	-2.1%	2.0	0		Y	Side Trail 0.1E to Rocky Bald	
17.5	128.0	4890	-104	104	6438	-2.3%	2.5	0				
18.0	128.5	4946	56	56	6494	1.2%	3.0	0				
18.5	129.0	4790	-156	156	6650	-3.4%	3.5	0				
19.0	129.5	4463	-327	327	6977	-7.1%	4.0	0				
19.5	130.0	4024	-439	439	7416	-9.4%	4.5	0		Y	Wesser Bald E 40yds to tower	
20.0	130.5	4009	-15	15	7431	-0.3%	5.0	0				
20.5	131.0	4210	201	201	7632	4.4%	5.5	0				
21.0	131.5	4572	362	362	7994	7.8%	6.0	4372	Y		Wesser Bald Shelter (Lunch)	131.3 Spring fed stone cistern on blue-blazed AT (0.1EE)
21.5	132.0	4339	-233	233	8227	-5.0%	6.5	0				
22.0	132.5	4016	-323	323	8550	-7.0%	7.0	0				
22.5	133.0	4067	51	51	8601	1.1%	7.5	0		Y	The "Jumpoff"	
23.0	133.5	4153	86	86	8687	1.9%	8.0	0				
23.5	134.0	3688	-465	465	9152	-10.0%	8.5	0				
24.0	134.5	3469	-219	219	9371	-4.7%	9.0	3269				134.7 Spring
24.5	135.0	3220	-249	249	9620	-5.4%	9.5	0				
25.0	135.5	2965	-255	255	9875	-5.5%	10.0	0				

25.5	136.0	2652	-313	313	10188	-6.8%	10.5	0				
26.0	136.5	2480	-172	172	10360	-3.7%	11.0	2280		A. Rufus Morgan Shelter	136.3 Stream west of AT	
26.5	137.0	2176	-304	304	10664	-6.6%	0.5	1976			136.9 multiple streams & ftbridges	
27.0	137.5	1983	-193	193	10857	-4.2%	1.0	0	Y	Nantahala Outdoor Center		
27.5	138.0	1737	-246	246	11103	-5.3%	1.5	0				
28.0	138.5	2042	305	305	11408	6.6%	2.0	0				
28.5	139.0	2324	282	282	11690	6.1%	2.5	0				
29.0	139.5	2406	82	82	11772	1.8%	3.0	2206		Lunch (if bad)	139.7 Water	
29.5	140.0	2802	396	396	12168	8.5%	3.5	0				
30.0	140.5	2955	153	153	12321	3.3%	4.0	0				
30.5	141.0	3045	90	90	12411	2.0%	4.5	0				
31.0	141.5	3356	311	311	12722	6.7%	5.0	3156		Lunch (good)	141.3 Spring	
31.5	142.0	3610	254	254	12976	5.5%	5.5	0	Y	The "Jump-up"		
32.0	142.5	3800	190	190	13166	4.1%	6.0	0				
32.5	143.0	4162	362	362	13528	7.8%	6.5	0		Swim Bald		
33.0	143.5	4502	340	340	13868	7.3%	7.0	0				
33.5	144.0	4591	89	89	13957	1.9%	7.5	4391	Y	Sassafras Gap Shelter	144.0 Spring to right of shelter	
34.0	144.5	4522	-69	69	14026	-1.5%	0.5	0				
34.5	145.0	4570	48	48	14074	1.0%	1.0	0	Y	Cheoah Bald - Camp /Views		
35.0	145.5	4753	183	183	14257	4.0%	1.5	0				
35.5	146.0	5005	252	252	14509	5.5%	2.0	0				
36.0	146.5	4636	-369	369	14878	-8.0%	2.5	0				
36.5	147.0	4290	-346	346	15224	-7.5%	3.0	0				
37.0	147.5	4035	-255	255	15479	-5.5%	3.5	3835		Locus Cove Gap (lunch)	147.6 water to west	
37.5	148.0	3900	-135	135	15614	-2.9%	4.0	0				
38.0	148.5	3666	-234	234	15848	-5.1%	4.5	0				
38.5	149.0	3815	149	149	15997	3.2%	5.0	0				
39.0	149.5	3626	-189	189	16186	-4.1%	5.5	0				
39.5	150.0	3842	216	216	16402	4.7%	6.0	0				
40.0	150.5	3752	-90	90	16492	-2.0%	6.5	0				
40.5	151.0	3550	-202	202	16694	-4.4%	7.0	0				
41.0	151.5	3298	-252	252	16946	-5.5%	7.5	0		Start of "Jacob's Ladder"		
41.5	152.0	3264	-34	34	16980	-0.7%	8.0	0	Y	Cliff, west 20 yards to view		
42.0	152.5	3397	133	133	17113	2.9%	8.5	0				
42.5	153.0	3539	142	142	17255	3.1%	9.0	3339	Y	Brown Fork Gap Shelter	153.1 spring to right of shelter	
43.0	153.5	3961	422	422	17677	9.1%	0.5	3761			153.3 water	
43.5	154.0	3793	-168	168	17845	-3.6%	1.0	0				
44.0	154.5	3557	-236	236	18081	-5.1%	1.5	0				
44.5	155.0	3846	289	289	18370	6.2%	2.0	0	Y	USGS Survey Marker		
45.0	155.5	3667	-179	179	18549	-3.9%	2.5	0				
45.5	156.0	3648	-19	19	18568	-0.4%	3.0	3448		Cody Gap	155.9 water 0.2W	
46.0	156.5	3587	-61	61	18629	-1.3%	3.5	0				
46.5	157.0	3713	126	126	18755	2.7%	4.0	0				
47.0	157.5	3708	-5	5	18760	-0.1%	4.5	0				
47.5	158.0	3620	-88	88	18848	-1.9%	5.0	3420			158.0 Yellow Creek Gap stream	
48.0	158.5	3501	-119	119	18967	-2.6%	5.5	0				
48.5	159.0	3388	-113	113	19080	-2.5%	6.0	3188	Y	Cable Gap Shelter	159.2 Stream in front of shelter	
49.0	159.5	2978	-410	410	19490	-8.8%	6.5	0		OVERSHOOT & Exit Yellow cr		